

## How to Prepare for your Maternity Session



We will schedule your shoot around 4-6 weeks before your due date. We will talk and decide what time works best for you. I will come to your home and shoot up to 200 digital photos. We will use different areas of your home and take advantage of different natural light. It is amazing how different the lighting can be from one room to the next. Don't worry about the house; I shoot very tight frames, really focusing on your gorgeous belly. You will see very little background. I may need to move some things around, but I will deal with that as we go and put everything back. Also, you are welcome to include children, a spouse, parent or friend in your session at no extra charge.

Be sure not to wear anything tight around your tummy before your session so there isn't clothing marks (a robe, gown or dress is a great option).

Try to keep your schedule light the day of our shoot, so we can take our time and you won't feel rushed. Generally the shoot will take around 2 hours.

Keep hair and make-up simple; the focus is on your beautiful belly. I like to keep outfits simple. You should bring a nice selection of clothes that work well in the photos. I do recommend having a light and dark pair of bra and panties that you feel comfortable in. They don't have to be a matching set, just in the same tone. We will be shooting black and white also, so you won't notice a little variance.

Relax, don't worry if you feel extra bloated or you seem to have developed stretch marks overnight. Black and white prints seem to erase any flaws and really accentuate a round belly. Your beauty will shine through!

Let's make this a memorable fun moment in time, to cherish forever the little person growing inside you!!!

